

Conference Registration

Registration is **free!**



Please complete a separate registration form for each person attending.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Cell: _____

Email: _____

Name of the church you are representing: _____



Free T-Shirt

T-shirt size (Select one. Sizes are based on availability and cannot be guaranteed)

4XL 3XL 2XL XL L M

Mail or Fax complete registration form to:

Mississippi Delta Health Collaborative

Mississippi State Department of Health
Attention: Alice G. Miller
522 West Park Avenue, Suite P
Greenwood, MS 38930
Phone: 662-455-1344
FAX: 662-455-1346

You may choose to register online. Go to www.dreamincevents.org and click on Delta Alliance for Congregational Health

Mississippi Delta Health Collaborative
Mississippi State Department of Health
522 West Park Avenue, Suite P
Greenwood, MS 38930

REGISTER TODAY!

For more information, contact

Alice G. Miller, Special
Projects Officer IV, Mississippi
Delta Health Collaborative at
662.455.1344.



Second Annual Delta Alliance for Congregational Health Conference

CONTINUING
the quest
for Healthy Living

{ April 19 - 20, 2013 }

Leflore County Civic Center
200 Highway 7 South
Greenwood, MS 38930

FREE REGISTRATION

Registration Deadline: April 12

You may register online at
www.dreamincevents.org or complete the
attached registration form and fax or mail

Sponsored by
Mississippi Delta Health Collaborative

Tentative Agenda

Friday, April 19, 2013

6:00 pm. - 8:30 p.m. **Leflore County Civic Center**
A session for guest Pastors and Pastors of the Delta Alliance for Congregational Health to meet and greet

Saturday, April 20, 2013

(Free Health Screenings will be available)

8:00 a.m. **Registration/Continental Breakfast**

8:30 a.m. – 8:40 a.m. **Welcoming Session**

8:40 a.m. – 9:00 a.m. **One Mile Fun Walk**
An opportunity for participants to participate in a physical activity session to either walk or run for 1 mile.

9:15 a.m. – 9:30 a.m. **Opening Session**
Details concerning the Delta Health Collaborative and the Delta Alliance for Congregational Health and its involvement with churches and healthy behaviors

9:30 a.m. – 10:15 a.m. **Successful Congregational Health Ministries Body and Spirit**

Panelists will share with participants the importance of health ministries and how it is very beneficial to the church

10:15 a.m. – 10:30 a.m. **Break**

10:30 a.m. – 11:00 a.m. **Stress Management “Don’t Stress About It”**
Participants will listen to methods that will decrease stress in the body

11:10 a.m. – 11:30 p.m. **Hepatitis C “Hepatitis C and Baby Boomers”**
Participants will listen to the importance of Baby Boomers getting tested for Hepatitis C

11:35 p.m. – 12:00 p.m. **Health Care “Affordable Health Care Act”**
Details surrounding the Affordable Health Care Act will be brought out in this session

12:00 p.m. – 1:15 p.m. **Fellowship Luncheon**
Keynote Speaker: Dr. Martha Alexander
Participants will be motivated and encouraged on the breadth, depth and faithfulness of the church in proclaiming and connecting spiritual and physical health and wellness in their mission and ministry.

1:20 p.m. – 1:40 p.m. **Blood Pressure Screening “Know Your Blood Pressure Numbers”**
Participants will learn the importance of knowing their blood pressure numbers and how effective a blood pressure screening can be

1:40 p.m. – 2:00 p.m. **Health Literacy in the Faith Community “Knowledge is Power!”**

Participants will learn how to obtain, process and understand the basic health information and services needed to make appropriate health decisions.

2:00 p.m. – 2:45 p.m. **Healthy Cooking Demonstration/Benefits of Fresh Fruits and Vegetables “From the Garden to Your Plate”**
A demonstration conducted to enlighten participants about the positive impact of healthy cooking and healthy eating.

2:50 p.m. – 3:00 p.m. **Closing Remarks/Evaluations**

Some highlights of the conference include a one (1) mile fun walk Saturday morning, exciting workshops to assist you in helping your congregations improve their health, and an opportunity to network and learn how other congregations are addressing healthy lifestyles.

The attire for the conference is casual and comfortable. Please bring tennis shoes for the Fun Walk. As part of the conference, you will receive a conference bag, and free continental breakfast and lunch. Please join us in making this a great conference.

Hotels & Lodging

You are responsible for your own lodging arrangements. Here are some local area hotels:

Holiday Inn Express

401 Clements St, Greenwood, MS 38930
(662) 455-1885

Hampton Inn Greenwood

1815 US 82 Greenwood, MS 38930
(662) 455-7985

Comfort Suites

2008 US 82 Greenwood, MS 38930
(662) 453-6565

America's Best Inn & Suites

335 US 82 Greenwood, MS 38930
(662) 453-4364

The Alluvion Hotel

318 Howard St, Greenwood, MS 38930
(662) 453-2114

Regency Inn & Suites

620 US. 82 Greenwood MS 38930
(662) 453-8101

Second Annual Delta Alliance for Congregational Health Conference
Continuing the Quest for Healthy Living

Delta Alliance for Congregational Health (DACH)

The Delta Alliance for Congregational Health is a consortium of churches in the Mississippi Delta that recognizes the obligation and the opportunity the church has to minister not only to one's spiritual health, but their physical health as well. DACH representatives support and promote the institution of health ministries in the faith setting.

Partner Churches

St. Peter M.B. Church
Hammond Hill Congress
New Green Grove Church of Faith
Samuel Chapel U.M. Church
Family Life Assembly of God
Jerusalem M.B. Church
Sacred Heart Catholic Church
Providence M.B. Church
Belmont M.B. Church
New Zion M.B. Church
Salem M. B. Church
St. Mark M.B. Church
Tunica 10-point Coalition
Triumphant Baptist Church
Pilgrim Rest Baptist Church
Shiloh Seven Day Adventist Church
Newer New Hope M.B. Church
First Baptist Church
Jesus Way Ministries